



GRIN AND SHARE IT

Monthly newsletter of Cassio Road Dental Practice



Welcome to the January 2023 edition of Grin N Share It

We would like to welcome all of our patients to our first newsletter of 2023. We hope that you all had a wonderful break with your family and friends and are now ready for a new year with a renewed zest!

It's that time of year where resolutions are made (some are kept whereas some are quickly forgotten about!), new goals set as everyone looks ahead to their own respective futures.

How many of you have opted to undertake Dry January? It's that time of year where we take the opportunity to remind patients the benefits that low to no alcohol consumption can have on your oral health.

